

Promoting **FIRST** Relationships

Mentored Professional Development in *Promoting First Relationships*®

An Evidence-Based Infant and Early Childhood Mental Health Program

By Kelly, Zuckerman, Sandoval and Buehlman, 2003, 2008, 2016

Certified Provider Training (Level 2 training)

Participants will work individually or in pairs with a Promoting First Relationships Master Trainer.

- During the first 5 weeks, learners will view professionally filmed PFR intervention sessions with caregivers (parents and child care providers) and young children (infant, toddler, special needs). The videos were developed and narrated by Dr. Jean Kelly, PFR founder. After viewing two videos at a time, learners and their PFR master trainer will meet every week online to reflect on the filmed sessions and the PFR infant mental health essentials.
- During the next 10 weeks, learners will be mentored weekly online as they intervene with caregiver/child dyads at their own sites. Sessions will include reflection on videos of the dyadic interactions that learners upload to a secure website, and discussion about how to implement the PFR concepts and consultation strategies.

Pre-requisites

- 2-day PFR Workshop (Level 1 training) in Seattle, \$550 per participant; OR an on-site workshop delivered may be arranged: \$10,150 for a cohort of up to 25 participants, including curriculum (\$406/person). Additional participants up to 35 per workshop can be added.
- Access to a computer with high speed internet connection and webcam
- Video recording equipment to record the caregiver-child play sessions during the second 10 weeks, and to view these videos with the caregiver.

Cost

- \$2,500 per person when training as part of a pair group. Includes 15 contact hours with a PFR master trainer, and the initial fidelity certification fee.
- \$115 Supplemental materials including BabyCues video and cards, social-emotional cards, Parent/Caregiver video
- \$3,300 per person if learner is a stand-alone individual (not part of a pair group)

Contact:

Jennifer Rees, Program Director, rees@uw.edu

Space is limited. Please reserve your spot now.