

Promoting **F I R S T** Relationships

Distance Learning Training for *Promoting First Relationships*®
An Evidenced-Based Infant and Early Childhood Mental Health Program
By Kelly, Zuckerman, Sandoval and Buehlman, 2003, 2008, 2016

Training

Participants will work individually or in pairs with one of our Promoting First Relationships master trainers.

- During the first 5 weeks, trainees will view professionally filmed PFR intervention sessions with caregivers (parents and child care providers) and young children (infant, toddler, special needs). The videos were developed and narrated by Dr. Jean Kelly, PFR founder. After viewing two videos at a time, trainees and their PFR master trainer will meet every week on line to reflect on the filmed sessions and the PFR infant mental health essentials.
- During the next 10 weeks, trainees will be mentored weekly on line as they intervene with caregiver/child dyads at their own sites. Sessions will include reflection on videos of the dyadic interactions that trainees upload to a secure website, and discussion about how to implement the PFR concepts and consultation strategies.

Pre-requisites

- 2-day PFR Workshop in Seattle. Or an on-site workshop delivered in your area may be arranged.
- Access to a computer with high speed internet connection and webcam
- Video recording equipment to record the caregiver-child play sessions during the second 10 weeks, and to view these videos with the caregiver.

Costs for 4.5-Month Mentored Training Program

- \$2150 per person when training as part of a pair group. Includes 16 contact hours with a PFR master trainer and the initial fidelity certification fee.
- \$3000 per person if trainee is a stand-alone individual (not part of a pair group)

Contact:

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Space is limited. Please reserve your spot now.